



**STRESS TREADMILL REPORT**

Regular / Nuclear

Date: \_\_\_\_\_ Target HR: \_\_\_\_\_ Max HR: \_\_\_\_\_

Resting 12-Lead: \_\_\_\_\_

The patient was referred to exercise stress test: \_\_\_\_\_

Using the Bruce Protocol the patient exercised on the treadmill for: \_\_\_\_\_ minutes and \_\_\_\_\_ seconds.

The test was discontinued because \_\_\_\_\_

During the procedure the patient had symptoms of \_\_\_\_\_

The patient achieved \_\_\_\_\_% of maximum target heart rate.

The functional aerobic capacity (METS) = \_\_\_\_\_.

EKG showed:            **No changes**                    **Non-specific ST-T Changes**                    **Ischemic Changes**

Chest was \_\_\_\_\_, \_\_\_\_\_ murmur

Double Product achieved at peak exercise was \_\_\_\_\_ mmHG/min.

Maximum Blood Pressure \_\_\_\_\_.

**RECOVERY EKG**

**IMPRESSION**

1. \_\_\_\_\_ exercise tolerance
2. No Arrhythmia
3. No ischemic ST changes
4. \_\_\_\_\_ ETT for ischemia by EKG criteria
5. Nuclear Report to follow.

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date/Time

PHARMACOLOGIC STRESS REPORT - Adenosine



Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Target Heart Rate: \_\_\_\_\_

Physician: \_\_\_\_\_ Cardiologist: \_\_\_\_\_

Stage	Heart Rate	Blood Pressure	Symptoms
Resting			
1 Minute			
2 Minutes			
3 Minutes			
4 Minutes			
5 Minutes			
6 Minutes			

Resting 12-Lead: \_\_\_\_\_

Symptoms: \_\_\_\_\_ Medications: \_\_\_\_\_

Arrhythmias: \_\_\_\_\_

EKG/ST Change: \_\_\_\_\_ Total Dose Adenosine: \_\_\_\_\_

**INTERPRETATION**

- 1. Diagnostic                      Non-Diagnostic
- 2. Comments:
- 3. Nuclear Study to Follow.

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date/Time



Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Target Heart Rate: \_\_\_\_\_

Physician: \_\_\_\_\_ Cardiologist: \_\_\_\_\_

Stage	Heart Rate	Blood Pressure	Symptoms
Resting			
Start Test / Inject Lexiscan / Inject Nuclear Tracer			
1 Minute			
2 Minutes			
3 Minutes			
Start Recovery			
4 Minutes			
5 Minutes			
6 Minutes			

Resting 12-Lead: \_\_\_\_\_

Symptoms: \_\_\_\_\_ Medications: \_\_\_\_\_

Arrhythmias: \_\_\_\_\_

EKG/ST Change: \_\_\_\_\_ Total Dose Lexiscan: \_\_\_\_\_

#### INTERPRETATION

4. Diagnostic                      Non-Diagnostic

5. Comments:

6. Nuclear Study to Follow.

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date/Time

Name: \_\_\_\_\_ Sex: M    F    Age: \_\_\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_

Weight: \_\_\_\_\_ Height: \_\_\_\_\_



<b>Pt Hx</b>	CP Angina Dyspnea CAD Abn EKG Hx of PTCA	Hx of CABG HTN Palpatations Pre-Op Heart Failure Coronary Risk Factors	Abn Stress Test Arrhythmia Assessment of LV Function	<b>Cardiac Risk Factors</b> HTN Diabetes Family Hx Age	Smoking Obesity	<b>Event Hx</b> S/P Stent S/P CABG S/P MI
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**Resting EKG**

Status	Normal	Abnormal
Rhythms	_____	
AV Blocks	_____	
Arrhythmias	_____	
Repolarization	_____	
HR (bpm)	_____	BP _____ / _____

**Stress EKG**

Status	Normal	Abnormal
Rhythms	_____	
AV Blocks	_____	
Arrhythmias	_____	
Repolarization	_____	
ST Response	_____	
HR (bpm)	_____	BP _____ / _____

**BP Response:** Normal   Hypertensive   Hypotenisive   Blunted

**Stress Test Protocol**

Bruce    Persantine    Lexiscan  
 Exercise Duration \_\_\_\_\_ mins \_\_\_\_\_ secs

Persantine Dose \_\_\_\_\_ mg  
 Persantine or Lexiscan administered per protocol.  
 Aminophylline given – 125mg    YES    NO

**Chest Pain:**    YES    NO    Non-Specific  
 Typical of Angina    Consistent with Angina    Non-Cardiac  
**Other Symptoms :**    Diaphoresis    Dyspnea    Headache  
    Dizziness    Fatigue    Nausea

**Adequacy of Stress:**  
 Excellent    Good    Adequate    In-Adequate

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Physician Signature

Date/Time